

## **New York City Mass Shooting**

***July 29, 2025***

### **Local Resources**

#### **New York State Office of Victim Services (OVS)**

Phone: 800-247-8035

Website: <https://ovs.ny.gov/>

Hours: Monday-Friday, 9:00 a.m. to 5:00 p.m.

New York State Office of Victim Services advocates for victims of crimes and administers compensation programs. Compensation for crime-related expenses includes medical and funeral expenses, loss of earnings or support, counseling costs, crime scene clean-up expenses, the cost to repair or replace items of essential personal property, reasonable court transportation expenses, assistance to crime victims acting as a good Samaritan, limited attorney fees, and more. For more information or to begin services, visit the website and navigate to either the “Help,” tab or the “Services,” tab from the homepage.

#### **OVS Resource Connect**

Phone: 800-247-8035

Website: <https://ovs.ny.concerncenter.com/>

OVS Resource Connect is a search engine that helps New Yorkers find resources provided by OVS-funded Victim Assistance Programs (VAPs). It's hosted by the New York State Office of Victim Services. The tool allows users to search for resources based on a specific concern or browse alphabetically by concern or resource type. Additionally, it provides a map showing the locations of VAPs.

#### **NY Crime Victims Legal Help**

Website: <https://crimevictimshelpny.org/>

NY Crime Victims Legal Help is an online resource connecting victims impacted by crime to legal help on issues related to housing, family, employment, finances, and more. The site offers do-it-yourself legal forms, a victim compensation guide, a tool to locate legal services, and information about your rights as a victim of a crime.

## ***Crisis & Disaster Resources***

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### **2-1-1 at 3-1-1 NYC**

Phone: 3-1-1 or 212-639-9675

Website: <https://portal.311.nyc.gov/>

2-1-1 connects callers to health and human services information and is available 24 hours a day, seven days a week, even during disasters. In New York City, these inquiries are handled through the 311 system. Information and resources may be provided for a variety of needs including mental health, basic needs, and disaster assistance. Dial 311 from your cell phone to speak with a trained information and referral specialist.

### **National Alliance on Mental Illness – New York City Metro**

Call or text: 212-684-3264

Address: 307 West 38th Street, 8th Floor

New York, NY 10018

Website: <https://naminycmetro.org/>

NAMI of NYC Metro is a non-profit organization that provides education, support, and advocacy for people impacted by mental illness including support groups, peer-support, advocacy, and help navigating the mental health care system. The website offers a chat feature with a live agent who can connect individuals to mental health support in the area.

### **American Red Cross – New York Region**

Phone: 877-733-2767

Address: 520 West 49th Street

New York, NY 10019

Website: <https://www.redcross.org/local/new-york/greater-new-york/get-help.html>

The American Red Cross in New York, focuses on providing disaster relief and support to communities in need. Additionally, Red Cross manages blood drives and donation centers. Click [here](#) to find a blood drive or donation center near you.

### **New York Blood Center**

Website: <https://www.nybc.org/donate-blood/>

New York Blood Center is a community-based blood donation center, providing donated blood to local hospitals. Click [here](#) to find a donor center near you.

## *Crisis & Disaster Resources*

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### **Local Mental Health Resources**

#### **New York State Office of Mental Health – Find a Program**

Website: <https://omh.ny.gov/>

The New York State Office of Mental Health offers a search tool to locate mental health programs throughout New York. Click [here](#) to use the search tool.

#### **The Health Information Tool for Empowerment (HITE)**

Website: <https://hitesite.org/>

The HITE site has a search tool featuring over 5,000 free and low-cost health and social services throughout New York.

#### **NYC 988**

Call or text: 988

Chat: <https://chat.988lifeline.org/>

Website: <https://nyc988.cityofnewyork.us/>

NYC 988 can connect individuals to mental health supports including crisis counseling, peer-support, short-term counseling, mobile crisis teams, and ongoing mental health and substance use services. NYC 988 also features an [interactive map](#) to locate mental health services in the area.

#### **Metropolitan Center for Mental Health**

Website: <https://www.metropolitancenter.com/>

Metropolitan Center for Mental Health is a non-profit, outpatient behavioral health organization providing affordable psychological and psychiatric treatment and support services. Services include in-person and telehealth clinical services. There are several locations. Click [here](#) for clinic information.

### **Online Resources for Survivors of Gun Violence**

#### **VictimConnect Resource Center (VCRC)**

VictimConnect Resource Center (VCRC) is a referral helpline operated by the National Center for Victims of Crime. Services are available for all victims of crime in the U.S. and its territories. Callers are connected with a Victim Assistance Specialist who will provide information and referrals regarding legal options, victim's rights, mental health resources, and more.

- Call or text: 855-484-2846
- Online chat: <https://victimconnect.org/get-help/victimconnect-chat/>
- Website: <https://victimconnect.org/>

#### **Everytown Survivor Network**

Everytown Survivor Network is a nationwide community of survivors working together to end gun violence by providing advocacy, resources, and guidance to survivors of gun violence. Everytown Survivor Network provides [peer-support](#), support groups, legal guidance, grief resources, and financial support through the Crime Victim Compensation Program. The Crime Victim Compensation Program is a government program that assists victims and their families with the financial cost of a crime. For more information, visit the website [here](#).

#### **The National Association for the Education of Young Children**

Website: <https://www.naeyc.org/resources/topics/coping-stress-and-violence>

The National Association for the Education of Young Children has compiled online resources for parents, teachers, and others working with young children about coping with violence, the aftermath and talking to young children about tragedies they learn about in the media or experience firsthand.

#### **The National Child Traumatic Stress Network**

Website: [www.nctsn.org](http://www.nctsn.org)

The National Child Traumatic Stress Network provides online resources for families, parents, and young children regarding coping with traumatic experiences and stressors.

### **National Mental Health Resources**

#### **SAMHSA Disaster Distress Helpline**

Phone: 800-985-5990 (24 hours)

Website: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

This helpline, through the Substance Abuse and Mental Health Services Administration (SAMHSA), can provide immediate counseling to anyone who is seeking help. View [\*\*SAMHSA's Coping with Grief After Community Violence\*\*](#), which offers coping strategies for survivors.

#### **SAMHSA Behavioral Health Treatment Services Locator**

This line is available 24 hours/day and 7 days/week. The Behavioral Health Treatment Services Locator provides information and a search tool for behavioral health and substance abuse/addiction services in the United States and U.S. Territories. After completing the search criteria, you can view a list of treatment providers and detailed information about each provider.

You may also call (800) 662-4357 to receive free and confidential information about mental health and substance abuse treatment services in your area. You can access the free and confidential treatment provider search tool using the following link:

<https://findtreatment.samhsa.gov/>

#### **National Center for PTSD by the U.S. Department of Veteran Affairs**

The National Center for PTSD (NCPTSD) offers many resources for survivors of mass violence, including:

- Psychological First Aid (PFA)  
An evidence-based approach to provide early support to people impacted by mass violence. Click [\*\*here\*\*](#) for more.
- PTSD Bytes Podcast  
A podcast with episodes that offer tips, tools, and practices for coping with a crisis or disaster. Click [\*\*here\*\*](#) for more.
- Self-Care After Disasters  
Information on how to honor losses, practice helpful thinking, and build resilience. Click [\*\*here\*\*](#) for more information.

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The NCPTSD also offers other resources, including information on practical help, such as crisis counseling and skill-building and trauma-focused treatment. Visit the website [here](#) for more information.

### **Veterans Crisis Line**

If you are a Veteran in crisis – or you’re concerned about one – free, confidential support is available 24 hours a day, 7 days a week.

The Veterans Crisis Line is available by phone, text, or chat:

- Dial 988 then Press 1
- Send a text to 838255
- [Chat online](#)

Support for deaf and hard of hearing: Call 1-800-799-4889

### **Crisis Text Line**

Text “HELLO” to 741741

Website: <https://www.crisistextline.org/>

The Crisis Text hotline is available 24 hours a day, seven days a week throughout the U.S. The Crisis Text Line serves anyone, in any type of crisis, connecting them with a crisis counselor who can provide support and information.

### **Mental Health Warmline:**

Phone: 800-945-1355

Hours: 4:00 p.m. - 10:00 p.m. ET including holidays

Website: <https://screening.mhanational.org/content/need-talk-someone-warmlines/?layout=mhats,mhats4a>

Call the warmline to have a conversation with someone who can provide support during hard times. Warmlines are available to those in crisis or who just want to talk. Warmlines are staffed by trained peers who have been through their own mental health struggles and know what it’s like to need help. Warmlines are free and confidential.

## ***Crisis & Disaster Resources***

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*This guide provides referrals to resources. It does not endorse or recommend the resource providers. While every effort is made to maintain current provider information, information may change without notice.*

### **Resources For Living**

The EAP is administered by Resources For Living, LLC. This material is for informational purposes only. Information is not a substitute for professional health care and is not meant to replace the advice of health care professionals. Contact a health care professional with any questions or concerns about specific health care needs.

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