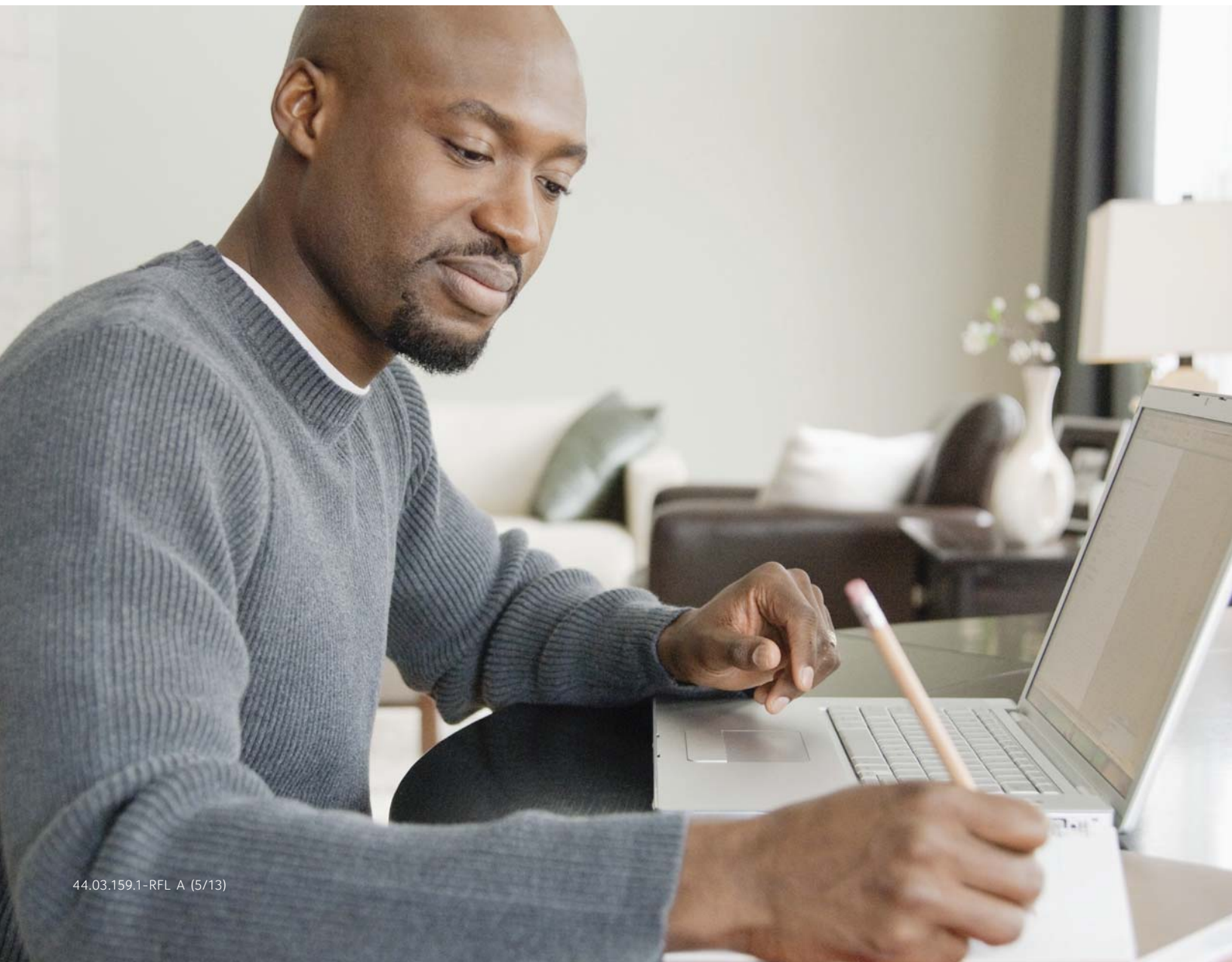


# Resources *for* Living<sup>®</sup>

## My Secure Advantage *A path to financial wellness*



## My Secure Advantage Financial Wellness Program

Helping your employees focus on their bottom line helps you increase yours.

Just as your company focuses on the bottom line, so do your employees. They may be reporting to work, but often their minds are on their financial worries. Unfortunately, many people have never had an opportunity to learn about the best way to manage their personal finances.

My Secure Advantage is a valuable addition to your Employee Assistance Program. It goes beyond helping with particular challenges — and helps coach your employees toward true financial wellness.

Through My Secure Advantage, your employees have access to our financial coaches, including licensed certified financial educators, certified credit counselors, public accountants and certified financial planners, who have a broad range of experience in financial services. Our financial coaches help your employees see a clear picture of where they are, clarify priorities, change unhealthy financial habits and build the best financial life possible — now and in the future.

### This comprehensive financial learning program includes support for:

- Debt management
- Spending plan development
- Improving credit scores
- Divorce planning
- Retirement planning
- Saving strategies
- Mortgages

**For more information call your Account Executive or email Sales at [AetnaBH\\_EAPSales@aetna.com](mailto:AetnaBH_EAPSales@aetna.com).**

Personal finance is the #1 cause of stress.<sup>1</sup>

83% of HR professionals report that personal financial challenges impact productivity.<sup>2</sup>

### My Secure Advantage provides several ways to engage people:

- 30, 90, 180 days or unlimited months of personal coaching
- Educational webinars
- Personal finance forums
- Dollars and sense newsletter
- Web-based tools, guides and financial calculators

The My Secure Advantage Financial Wellness Program can help prevent employees from repeating past financial missteps and help them build a solid financial footing for the future.

Contact us today to learn how we can help empower your employees and your organization.

<sup>1</sup> American Psychological Association 2011 “Stress in America: Our Health At Risk” report.

<sup>2</sup> Society for Human Resource Management January 2012

### The EAP is administered by Resources For Living.

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