



Get healthier with the Discount Center Aetna Resources For LivingSM

It's important to take time out of your busy schedule and focus on your fitness goals.

To help you succeed, we provide you with ways to save money and improve your well-being — all at the same time.

Let us help you on your journey to better well-being with great deals on:

- Gyms and fitness clubs
- Weight loss programs
- Vitamins and supplements
- Exercise trackers
- Fitness equipment and more

It's easy and free to get started. From your RFL member website, visit the Discount Center and log in or create your own account. You'll find fitness discounts in the menu under Wellness to get started.

Aetna Resources For LivingSM is the brand name used for products and services offered through the Aetna group of subsidiary companies (Aetna). The EAP is administered by Aetna Behavioral Health, LLC. and in California for Knox-Keene plans, Health and Human Resources Center, Inc.

All EAP calls are confidential, except as required by law. Discount Center services are provided and managed by Lifemart[®], an independent third party. Aetna does not oversee or control the services provided by or recommended by Lifemart and does not assume any liability for their services. EAP instructors, educators and participating providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. [aetna.com](https://www.aetna.com).