

Visit your member website to register for these webinars. Seating is limited so register early!

Sticks and stones: Bully-proofing your child — October 4 @ 3 p.m. ET



We hear a lot about how bullying is a serious issue these days. But what can you do about it? This webinar will help you:

- Understand bullying and its effect on your child
- Recognize if your child is being bullied or is bullying others
- Learn what you can do about bullying

44.36.900.1-100416

Surviving the college application process — October 13 @ 3 p.m. ET



Is your child applying or getting ready to apply to college? If so, hang on for an exciting — and challenging — experience. As parents of college-bound kids, you need to be ready to empathize, listen, set boundaries and be ready to help — when your kids want your help!

- Learn the downsides of being a helicopter parent
- Find out how to give support without taking on the responsibilities
- Help your child grow through this process rather than just get into college

44.36.900.1-101316

Unplug to recharge — October 20 @ 3 p.m. ET



Most of us use electronics and social media, and while it is hard to deny the advantages of technology, many of us may have an unhealthy attachment. The constant need to feel connected is affecting us on many different levels. Feeling like you are caught up in the social media madness and need to recharge? This workshop will talk about the reasons you need to unplug.

- How do we begin to “detox?”
- The positives of unplugging to recharge our bodies and minds
- Steps to have a better balance

44.36.900.1-102016

On time: Secrets of being punctual, prepared and productive — October 27 @ 3 p.m. ET



Do you want to better understand chronic lateness? Join this webinar to:

- Understand some of the reasons behind it
- Learn what it may “say” about the person who is constantly late
- Identify possible impacts on personal relationships and work life
- Map out steps to overcome chronic lateness
- Learn how to deal with someone in your life who is always late

44.36.900.1-102716