

Visit your member website to register for these webinars. Seating is limited so register early!

Communicating: It's more than just talking — June 3rd @ 3 p.m. ET



Communication: It's more than just talking. Let's face it: everyone wants to feel like they're being heard. But communicating is so much more than hearing yourself speak. We communicate with everyone! Co-workers, employees, friends, family, even strangers. Join this webinar if you want to learn how to be a better communicator. We'll discuss:

- Active listening: what it is and how to do it
- Being engaged
- Practicing non-verbal skills

44.36.900.1-060315

Time for you: Don't be part of the no-vacation nation — June 10th @ 3 p.m. ET



It's summertime: Are you going to take a vacation? If the answer is "no," you're (sadly) not alone. Too many people don't make time or take time! Join this webinar to learn why vacations are not just important, but critical for you:

- Physical well-being
- Creativity, coping and mental health
- Overall ability to be and do your best

44.36.900.1-061015

Surviving the college application process — June 16th @ 3 p.m. ET



Is your child applying or getting ready to apply to college? If so, hang on for an exciting — and challenging — experience. As parents of college-bound kids, you need to be ready to empathize, listen, set boundaries and be ready to help — when your kids want your help!

- Learn the downsides of being a helicopter parent
- Find out how to give support without taking on the responsibilities
- Help your child grow through this process rather than just get into college

44.36.900.1-061615

He said, she said: Male and female conversation styles — June 24th @ 3 p.m. ET



We all know that men and women have different communication styles. We will explore these different styles and how to understand the opposite sex. Come to this webinar to discuss:

- Improving your awareness of communication differences between the genders
- What are the different gender patterns and what do they look like?
- Differences in childhood and culture

44.36.900.1-062415