

Ups and downs of long-term relationships – October 7 @ 3 p.m. ET



Join this webinar to learn more about what makes long-term relationships work and last. Consider questions like:

- Should long-term relationships be hard work?
- What role do expectations play?
- What are some of the major dealmakers and deal-breakers?
- What does love look like after years together?

How to disagree and stay friends – October 12 @ 3 p.m. ET



These days, there seem to be more topics than ever that people have very strong feelings about. Your closest friends and family may differ on matters big and small. So how do you disagree without putting the relationship in peril?

Join this webinar to learn some ways to voice disagreement with the aim of preserving your important relationships.

Overcoming the fear of commitment – October 21 @ 3 p.m. ET



Do you have a fear of committing to relationships? Does that fear impact your family, friendships or on-the-job relationships? Join this webinar to learn more, including:

- What's the definition of commitment?
- The consequences of avoiding commitment
- Common fears
- Ways to overcome your fear

The power of personality – October 26 @ 3 p.m. ET



Are you an introvert? Extravert? Or maybe a bit of both? Join this webinar to learn about personality traits and types. And how every aspect of your personality plays a role in your life.