

Stop the toe-tapping: Improving your patience – Dec 3 @ 3pm ET



Even the most patient person gets impatient sometimes. But do you know why, when and what your impatience triggers are?

Join this webinar to learn more about yourself and how impatience affects your everyday life.

Apologizing: What, when and how – Dec 10 @ 3pm ET



We all make mistakes. And it's important to know when you owe an apology to someone you may have hurt -- even accidentally. Join this webinar to learn more about apologies including:

- What makes it so hard to apologize at times
- When and how to apologize
- How apologies impact relationships

Letting go of the past: Your life is now – Dec 17 @ 3pm ET



Another year is coming to an end. It's the perfect time to take a look back...and then shift into "drive" and move forward. Join this webinar to get tips on how to:

- Forgive
- Move on after a loss
- Make next year positive, memorable and happy