



Vaccinations: Miracles of modern healthcare

Long ago, diseases like smallpox, whooping cough and yellow fever killed many people. There were no vaccines and, in many cases, no effective treatments.

In 1796, life changed: Edward Jenner, an English doctor, administered the first vaccine. He vaccinated an 8-year old against smallpox. And it worked. Since then, many more vaccines have been developed.

Today's vaccines protect us all

Vaccinations — or immunizations — can offer protection from many diseases. Thanks to vaccines, illnesses like polio, diphtheria, chicken pox, measles, tetanus and hepatitis A and B are now preventable. Even as you're reading this, scientists are hard at work on a vaccine for COVID-19.

Available and effective

Vaccinating your kids protects them — and guards against the spread of disease to other kids and even adults. Vaccinations can save you stress, time and money related to lost work hours and medical expense. Finally, vaccinating your children protects them from suffering through illnesses that are preventable.

Learn more here

You can read more about vaccination at [cdc.gov](https://www.cdc.gov). Also, visit [Vaccines for Kids](#) to learn about financial help that may be available for vaccinations.

Remember: Your child's doctor can answer any questions or concerns you may have about vaccinations.

The EAP is administered by Resources For Living, LLC.

All EAP calls are confidential, except as required by law. Information is not a substitute for diagnosis or treatment by a professional. Contact a professional with any questions about specific needs.