

Giving the gift of forgiveness – Dec 3 @ 3 p.m. ET



Let's face it - Being angry at someone can feel good. But holding onto anger can also damage our health. So how do you forgive someone without setting yourself to get hurt again? Join this webinar to learn:

- The definition of forgiveness
- The benefits of forgiving
- Steps to forgive

Pet parenting 101 – Dec 10 @ 3 p.m. ET



Thinking of adding a pet to your household? There's more to consider than just cuteness and cuddles. Join this webinar to learn:

- Basics of keeping your pet safe and healthy
- Ways to make sure you and your pet are a good "fit"
- Tips on helping your pet become a well-mannered member of the family
- And more

The power of paying it forward – Dec 17 @ 3 p.m. ET



There is so much positivity in giving, and "paying it forward." Not only does it impact the recipient of your good will, but you also embrace the power of giving! Giving of ourselves spreads love and hope to all. Join this webinar if you want to get involved in making a positive difference in the lives of others.