## Our members make us proud!



In our November survey, we asked you to describe your greatest accomplishment over the past year. It turns out our members are proud of a wide variety of things: from working hard to going back to school to keeping fit to providing friendship, care and TLC – and more. Your successes are truly inspiring. Happy New Year and may 2020 bring more rewarding deeds! Have a look at a sampling of our responses below.

- I am proud that I tried out a new set of workout classes in 2019! Going alone was intimidating at first, but now I'm a regular:)
- Completing my Bachelor's degree at 46 years old. It was a struggle working full-time and part-time jobs and going to school full-time, but I was finally able to take that walk across the stage and it was amazing.
- I am proud of the love and care we gave our sick dog throughout 2019. She had cancer and we treated her for 10 months, during which time she was happy and pain-free. When that changed, we had to put her down, but we know we gave her a good year – and us too!
- Continuing to mature, with growing expressions of selflessness and love, as a husband to my wife and a father to my children — within the daily grind of everyday life.
- Continuing to provide top notch customer service to my plan sponsors. A happy customer is a returning customer! Also, celebrating 10 years of marriage to my husband this month.
- Conquering the crochet pattern to make 30 identical yarmulkes (men's head covering) for my son's upcoming Bar Mitzvah so everyone in our family could have one.
- Going back to school. One of the hardest decisions I made, but now that I am back in the books it feels AMAZING!
- I helped make my aunt's house happy again! From cabinets to the garden, things are back to the way she used to keep them, and at 103, she and her daughter (84) can enjoy their home and each other.

- My proudest accomplishment this year was finally making the right decision to join a fantastic team! I am very proud to say I am blessed to be a part of something remarkable and for the first time feel like I am a part of a big family who is always generously giving back to the community!
- I work two jobs and don't have much free time, but I am proud that I still make people feel special and like a priority.
- · I am debt-free other than my mortgage.
- Graduating from CSU Fullerton with my BA in communications was my proudest accomplishment this year!
- I had trouble choosing just one; I had a few accomplishments in 2019! I obtained my personal training certification. Then, after having major surgery in February, I competed in my comeback powerlifting meet in August coming very close to beating my squat, bench and deadlift numbers from one year ago at worlds. Wishes for a wonderful 2020 to all!
- The proudest accomplishments this year were small; but included moving alone, completing my program without much help, and showing up for best friends.
- I have been able to keep my weight within a 7-pound range for the past year.
- I was able to reduce drinking alcoholic beverages, and I also implemented a Keto program. I have more energy, less inflammation and fewer pounds.
- My proudest accomplishment was hitting the 10-year mark at my job!

Thank you for sharing! We look forward to hearing from you in our next survey!