

Don't wait for Monday: Get motivated now – Jan 8 @ 3 p.m. ET



Do you find you're always putting off your goals? Maybe you always tell yourself you'll "start Monday." Today is the day to start! This webinar will discuss:

- Different types of motivation
- Tips for getting motivated
- How you can stay motivated and reach your goals

Simplify your life – Jan 15 @ 3 p.m. ET



Are you so busy with life that you miss out on what matters most? If so, you're not alone. Most of us get stuck with physical and emotional clutter. Join us to discuss:

- How modern life can create stress
- Ways to focus on what's important to you
- Tips to de-clutter and simplify your life

You are what you post: What's your online persona? – Jan 24 @ 3 p.m. ET



Social media is a great place to connect. But it can be tempting to vent, argue or insult people online. Do your posts show your values? Or do they bring out the worst in you? Join this webinar to discuss:

- The impact of your online activity
- How your values are reflected in your posts
- Tips to be a responsible digital citizen

Avoid these 10 common money mistakes – Jan 31 @ 3 p.m. ET



Are you having a hard time meeting your financial goals? The financial decisions you make now can cost you in the future. We'll review:

- Common money mistakes
- Tips to make better financial decisions
- How to prioritize your financial goals