Monthly webinars

Resources for Living

Are you ready? Emergency preparedness - Sept 13 @ 3 p.m. ET



Even in our high-tech, internet-connected world, there are times when natural or human-made disasters can happen without warning. But that doesn't mean you can't be ready. Join this webinar to learn the basics of preparedness.

Yes or no: Secrets of sound decision making - Sept 20 @ 3 p.m. ET



If you have trouble making decisions, you've got lots of company! Many people struggle with indecision. This webinar will address the what, why and how to get a handle on this issue. You'll learn:

- · The barriers to making choices
- The balance between obsessing and making impulsive picks
- · The tools you can use to make decisions easier and less stressful

The power of introverts in a world full of extraverts – Sept 27 @ 3 p.m. ET



From Gandhi to Bill Gates, introverts have made their mark on the world. But being introverted, quiet or shy is often viewed as a problem that people need to overcome. This webinar will discuss:

- The qualities of an introvert
- Problems that come from thinking extraversion is best
- How to use your introverted traits to thrive in an extraverted world