

# Hard choices



"The Road Not Taken" is a poem by Robert Frost. In it, a person out for a walk comes to a fork in the road. There are two trails ahead: One looks like many people have walked it and the other looks much less worn. The person must select one.

## And the answer is...

We learn the choice in the last lines of the poem:

***"Two roads diverged in a wood, and I—  
I took the one less traveled by,  
And that has made all the difference."***<sup>1</sup>

And so there's a bit of mystery: Do these lines suggest the speaker was happy about taking the "less traveled" trail? Or regretful?

## What path do you prefer?

As you travel through life, you face decisions every day. What kind of path do you tend to choose?

- **If you're a "comfort" person**, it's likely you favor the predictable and safe path.

- **If you're a "risk" person**, you probably enjoy adventure, novelty and the challenge of the unknown.
- **If you're a "hybrid,"** sometimes you choose safety and at other times you're up for trail blazing. It all depends on mood, circumstances — and also what the "stakes" are. Most of us are probably hybrids.

## "What if..."

What have been your big decisions so far in life? Have you blazed new trails or followed well-worn paths? Have your choices "made all the difference"? What do your past choices teach you about future decisions?

We all face choices. It's only natural to wonder — after making a decision — how the other option might've turned out. Every choice teaches you things — about outcomes, surprises and yourself.

<sup>1</sup>Frost, Robert. [The Road Not Taken](#). Poetry Foundation. Accessed February 2018.

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