

Hard choices



"The Road Not Taken" is a poem by Robert Frost. In it, a person out for a walk comes to a fork in the road. There are two trails ahead: One looks like many people have walked it and the other looks much less worn. The person must select one.

And the answer is...

We learn the choice in the last lines of the poem:

***"Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference."***¹

And so there's a bit of mystery: Do these lines suggest the speaker was happy about taking the "less traveled" trail? Or regretful?

What path do you prefer?

As you travel through life, you face decisions every day. What kind of path do you tend to choose?

- **If you're a "comfort" person**, it's likely you favor the predictable and safe path.

- **If you're a "risk" person**, you probably enjoy adventure, novelty and the challenge of the unknown.
- **If you're a "hybrid,"** sometimes you choose safety and at other times you're up for trail blazing. It all depends on mood, circumstances — and also what the "stakes" are. Most of us are probably hybrids.

"What if..."

What have been your big decisions so far in life? Have you blazed new trails or followed well-worn paths? Have your choices "made all the difference"? What do your past choices teach you about future decisions?

We all face choices. It's only natural to wonder — after making a decision — how the other option might've turned out. Every choice teaches you things — about outcomes, surprises and yourself.

¹Frost, Robert. [The Road Not Taken](#). Poetry Foundation. Accessed February 2018.

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