## Spring is a special time of year.

"How do you mark the arrival of spring?"

That was the survey question posed last month. Thanks to you, our members, we received some excellent and inspiring advice.

Here are some of the answers we received:



- Daylight savings time! Recruiting teams to play spring sports, adult softball, wellness events, going for nature walks and smelling the flowers.
- Something I always do with my daughter every spring. I purchase seeds, soil and seed beds. I have my daughter plant the seeds and we create our own greenhouse. Once the plants get big enough, we plant them outside. Also, I tidy up the garden area for my perennials and take out all my pots, stands and decorations.
- Stepping out on the porch of my cabin on Saturday mornings, listening to the birds singing and feeling the wind blowing. Then I just look up and say "Thank You."
- Going on nature walks and enjoying fresh air.
- Time to fire up the grill.
- We celebrate the arrival of spring by clearing away all extra clutter. More frequent outdoor activities like brisk walks and fun play are also on the celebration docket!
- After all the spring cleaning is done at the end of winter, we have a small dinner in honor of spring's arrival.
- In spring I enjoy time spent outdoors. I enjoy my neighbors gardens (I don't have a green thumb) and I enjoy walking around the historic sites in my home town.
- Wearing pastel and light color clothing, exercising outside and people are happier when the sun is shining.
- Tulips and hyacinths on the dining room table.
- Spring cleaning inside then enjoying the fresh spring air outside!
- I like to get out and walk in nature. This year I want to buy a bouquet of flowers every week for display in a vase on our kitchen counter.
- I begin my spring every year with a little bass fishing!!
- A trip to the park for a walk under the hundreds of flowering trees, followed by an ice cream cone, sunny al fresco of course, is the only way to celebrate that first spring day!

## Thank you for all your responses. We look forward to hearing from you in our next survey!

\*Remember: the suggestions above are voluntary ideas from our members. They do not represent professional advice.