

## It's a special time of year for giving

November 2016 Newsletter

Many people want to "give back" during the holidays. Some people sign up a year in advance to help those in need over the holidays!

## There are plenty of ways to volunteer right now

You don't have to plan that far ahead to volunteer. Many of us can't commit in advance. But there are still countless ways to share. Here are a few ideas:

- Call a nursing home and ask if you can read to a resident or just visit to chat. Offer to run a group game like bingo or trivia. If you're crafty, ask if you can make cards or decorations.
- **Help our troops.** Your gift can buy books, phone calls home, internet time and more for our soldiers. You can also help kids of deployed parents. Donate to help them go to camp or get bedtime story DVDs recorded by their deployed parent. For more ideas, visit **http://USOVolunteer.org** or other groups that help our military.
- Read "Dear Santa" letters written by needy kids. Choose one or more wishes to fill and send the gifts through Operation Santa. Visit http://beanelf.org for more details.
- Call your local United Way or visit http://unitedway.org.

  They train volunteers to help domestic abuse victims and other at-risk groups. United Way partners with local agencies to provide the most needed help in your area.
- Gather a chorale of family and friends. Then go to a nursing home or hospital to sing holiday or classic tunes. Make sure to call ahead for clearance. If allowed, go room-to-room and take requests. Or lead a sing-a-long in a common area.

- **Donate a new toy for needy kids to Toys for Tots.** To find a drop off, visit **http://toysfortots.org**.
- Sell your own items on eBay and give some or all of the profits to a charity.
- Volunteer at an animal shelter while staff members take time off for the holidays.
- Watch your newspaper and grocery bulletin board for volunteer ads.
- Invite a friend or coworker who's alone to your holiday dinner.
- Contact your local food pantry. Find the nearest one at http://feedingamerica.org. Donate time or food. Learn how to set up a food drive in your neighborhood or at work.
- Bake and drop off treats at your fire, police and emergency squad stations. It's an easy way to say "Thank you" and "Happy holidays."

## Share the experience

Ask friends or family to volunteer with you. It's a great way to build meaningful memories. Get kids and teens to join in so they learn about giving as well as getting.

You don't need a lot of time or money to help make someone else's holiday brighter. Sharing at the holidays is about giving of your most precious resource: you!