## November 2016 Monthly Calendar What's your happy? Reflect, share...



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Web Focus: Dealing with grief when holiday spirit is all around	2	3 Webinar: Fighting the funk: Dealing with depression	4	5
6 Daylight saving time ends	7	8 Webinar: Learning the art of small talk Election Day	9	10	11 Veterans Day	12
13	14	15 Web Focus: Infographic	16	17 <b>Webinar:</b> Pennywise: Everyday budgeting and saving	18	19
20	21	22	23	24 Thanksgiving Day	25	26
27	28	29 Webinar: "I'm sorry for your loss": Ways to console someone who is grieving	30			

## November 2016 Awareness — Lung cancer

Log in to your worklife website to register for upcoming webinars.

All calls are confidential, except as required by law. This material is for informational purposes only. Information is believed to be accurate as of the production date; however, it is subject to change.