

# May 2016 Monthly Calendar

What's your happy? *Imagine, believe...*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<b>2 Web Focus:</b> Do you know an older adult who's blazing a new trail?	3	4	<b>5 Webinar:</b> Kids & sports: How parents can be good fans & role models	6	7
<b>8 Mother's Day</b>	9	<b>10 Webinar:</b> Social anxiety: Overcoming the fear of being judged	11	12	13	14
15	<b>16 Web Focus:</b> Infographic	<b>17 s</b>	18	<b>19 Webinar:</b> Time for you: Don't be part of the no-vacation nation	<b>20 Bike to Work Day</b>	21
22	23	<b>24 Webinar:</b> Apologizing: What, when and how	25	26	27	28
29	<b>30 Memorial Day</b>	31				

**May 2016 Awareness — Mental health awareness**

**Log in to your worklife website to register for upcoming webinars.**

All calls are confidential, except as required by law. This material is for informational purposes only. Information is believed to be accurate as of the production date; however, it is subject to change.