

# December 2016 Monthly Calendar

What's your happy? *Reflect, share, celebrate...*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 Web Focus:</b> Infographic: Taking the stress out of the holidays	2	3
4	5	6	7	<b>8 Webinar:</b> Letting go of the past to make room for the future	9	10
11	12	<b>13 Webinar:</b> Being your best self: Self-esteem for adults	14	15	<b>16 Web Focus:</b> Infographic: Be grateful for gratitude	17
18	19	<b>20 Webinar:</b> Ready, set, relax	<b>21 Winter begins</b>	22	23	<b>24 Hanukkah begins</b>
<b>25 Christmas Day</b>	<b>26 Kwanzaa begins</b>	27	28	29	30	<b>31 New Year's Eve</b>

**December 2016 Awareness — Holiday season can spell loneliness**  
**Log in to your worklife website to register for upcoming webinars.**

All calls are confidential, except as required by law. This material is for informational purposes only. Information is believed to be accurate as of the production date; however, it is subject to change.