

October 2015 Monthly Calendar

Pathways: *Be ready for anything*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Web Focus: Jack-o'-lantern tricks and tips	2	3
4	5	6	7 Webinar: Social Anxiety: Overcoming the fear of being judged	8	9	10
11	12 Columbus Day	13 Webinar: Til debt do us part: Money & Relationships	14	15 Web Focus: Just say "yes!"	16	17
18	19	20	21 Webinar: Change: How to adapt, cope & respond	22	23	24
25	26	27	28 Webinar: Sticks & stones: Bully-proofing your child	29	30	31 Halloween

October 2015 Awareness — October is breast cancer awareness month

Log in to your worklife website to register for upcoming webinars.

All calls are confidential, except as required by law. This material is for informational purposes only. Information is believed to be accurate as of the production date; however, it is subject to change.