

## e-Thoughts — In like a lion...

March 2015 Newsletter

Our e-Thoughts feature provides close-up views on topics and areas of interest from everyday life.

March is an unpredictable month. "In like a lion, out like a lamb" pretty much says it all. You just don't know which way the wind is going to blow. Or, as Forrest Gump said in the movie of the same name: "Life is like a box of chocolates. You never know what you're going to get."

Sometimes that's scary. But it can also be thrilling. I'm far from a real risk-taker. Yet there is something quite exciting about not knowing what's around every corner. For instance:

- If it weren't for chance, I would never have met my husband. I would never have married him — three months after meeting! I might never have had the wonderful life and children I have. Who knows?
- If not for risk, I might never have started writing. I
  might've stayed comfortable doing my "just out of school"
  job. It was stable work. But it lacked the creativity I knew I
  had somewhere inside.

• If I hadn't tried, I wouldn't know I could teach exercise dance classes. I was never trained to dance. So taking on aerobic dance classes was a little terrifying. But, oh, so much fun as it turns out!

In other words, if you never take chances, you never know what you can do, where you can go and who you might meet. You never know what you can become.

Of course, I haven't mentioned the disappointing chances I've taken. But we've all had those, haven't we? Those are the times you pick yourself up, dust yourself off and move on.

All in all, I think life would be pretty boring if we only stuck to our ruts and never ventured outside the lines.