

November 2014 Monthly Calendar

Make it count – *Teach*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Web Focus: You may help save a life with Hands-Only CPR
2 Daylight Saving Time Ends (US, Canada)	3	4	5 Webinar: The reasons we eat: Understanding emotional eating	6	7	8
9	10	11 Veterans Day (US)	12	13 Webinar: Time for you: Don't be part of the no-vacation nation	14	15 Web Focus: Don't let chilly temperatures cool your exercise routine
16	17	18	19 Webinar: Life lessons: Talking to your kids about the facts of life	20	21	22
23 30	24	25	26	27 Thanksgiving Day (US)	28	29

November 2014 Awareness — Living with diabetes
Log in to your worklife website to register for upcoming webinars.

All calls are confidential, except as required by law. This material is for informational purposes only. Information is believed to be accurate as of the production date; however, it is subject to change.