e-Thoughts -

In like a lion, out like a lamb

March 2014 Newsletter



Our e-Thoughts feature provides close-up views on topics and areas of interest from everyday life.

They say that March comes in like a lion and out like a lamb. I don't know about you, but I'm pretty tired of that lion this winter.

It's been a tough winter, what with the Polar Vortex dropping in every so often for a visit, ice and snowstorms in places where they aren't supposed to happen and other unusual weather events across the country.

I'll take that March lamb right about now. I'm ready for some balmy temps (anything above 15 degrees qualifies) and sunny days. Maybe it's just me, but I've found this winter especially hard on my mood, my enthusiasm... and my exercise routine! I'm hoping that March marches winter right on out of here. I'll be the first one out the door to enjoy the sights, sounds and smells of springtime.

What does spring look, sound and smell like where you live? Does it inspire you to write a poem, sit out in the sun or go for nice long walks? Here's to beautiful spring days ahead!